

## KRISTEN BERNING, DDS, MAGD

Kristen Berning, DDS, MAGD, is a native of Dubuque, Iowa, and also is the daughter of a former president of the IAGD, (University Of Iowa College of Dentistry 1977) Dr. Ted Murray, DDS,



MAGD, AAACD. Dr. Berning attended Wahlert Catholic High School and then the University of St. Thomas in St. Paul, MN, where she graduated summa cum laude with a bachelor's degree

in biology in 2002. She was drawn to the school because she was awarded a full-tuition academic scholarship, and she also desired to participate in NCAA Division III athletics. She was a member of the swim team for four years and competed in sprint freestyle races. Dr. Berning entered the University of Iowa College of Dentistry in the fall of 2002, graduated in 2006, and started practicing with her father in Dubuque.

Her father, Dr. Ted Murray, has been an exceptional mentor for her during her dental career. He has provided unmatched support and guidance, and encouraged the pursuit of quality continuing education courses. Dr. Berning feels so fortunate to be able to work with and learn from her father every day. She is also blessed to work with her sister, Dr. Alexia (Murray) Oetken, a 2013 University of Iowa College of Dentistry graduate, who joined the family dental practice in 2014.

Her favorite continuing education courses include the University of Minnesota Certificate Program in Contemporary Restorative and Esthetic Dentistry, under the direction of Dr. Paul Olin. Dr. Berning has completed 400 CE hours at this University of Minnesota Certificate Program. She is a member of the ADA, AGD, and American Academy of Cosmetic Dentistry (AACD). She enjoys many aspects of general dentistry including cosmetics, children's dentistry, soft tissue laser dentistry, and Invisalign.

Dr. Berning's husband, Tim Berning, is a chemistry teacher, boys cross country coach, and girls track and field coach at Dubuque Wahlert Catholic High School. The Wahlert Golden Eagles track and field team has had great success under his direction, including 28 different girls finishing as state champions (in 17 events) in the past 7 years. Tim and Kristen have four children: Brielle (age 8), John (age 7), Ted (age 3) and Clara (age 1).

Dr. Berning received her MAGD at the AGD Annual Meeting & Exhibits in San Francisco. She and her father are the only Father-Daughter pair of MAGDs in the state of Iowa.

While in San Francisco for the AGD meeting, she and her family visited the San Francisco Zoo, the Exploratorium, and the Children's Creativity Center. They also spent a few days in the Lake Tahoe area visiting her sister, Jenny and her family.